# Your anytime, anywhere healthcare benefit



# MEMBERS **Tele**Health







### General Medical (24/7 Care)

Need care for non-urgent and common conditions? Get sameday appointments with a certified clinician from wherever you are. Our clinicians diagnose, treat and even prescribe medicine if needed.

• Allergies

• Flu

Rashes

Sinus infections

• Sore throats

· And more

- Bronchitis
- COVID-19
- Pink eye

#### free/visit

#### **Dermatology**

Dealing with a skin issue? Start an online skin review with a dermatologist by uploading images and details of your concern. Get a treatment plan and prescription if needed in 24 hours or less.

- Acne
- Eczema
- Psoriasis
  - · Skin infections
  - Rashes
  - Rosacea

### \$85/online review

#### Mental Health

Have real conversations and see progress with a therapist or psychiatrist of your choice. Available 7 days a week from the privacy of your own home.

- Anxiety and depression
- Sleep issues
- Relationship conflicts
- Trauma and PTSD
- Medication management

Therapist \$95/visit Psychiatrist \$235first visit Psychiatrist \$105/ongoing visits

# Activate your benefit and schedule your visit today

Visit Teladoc.com | Call 1-800-TELADOC (800-835-2362) | Download the app **€** | ♠





Administered by

Teladoc Health is not available internationally

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# Access to medical care, anytime, anywhere



General Medical key outcomes

SAVINGS PER VISIT1 \*When client has \$55 visit fee

90% MEMBER SATISFACTION<sup>2</sup>

> 85%+ **RESOLUTION RATE** ON FIRST VISITS<sup>3</sup>

### Convenient, quality healthcare at your fingertips

General Medical offers convenient access to low-cost, high-quality virtual care for a broad range of everyday healthcare issues, from cold and flu to a rash or sunburn.

With access to board-certified physicians anytime, anywhere, you can avoid unnecessary trips to the doctor's office and costly visits to the emergency room. With virtual visits available in a number of languages through an interpreter, including American Sign Language (ASL), physicians can provide a diagnosis and treatment, and prescriptions when necessary, via phone or video. And with the Caregiving feature, you can request three-way visits to help manage loved ones' care.

### **Features**

Pink eye

## Support for a wide range of everyday conditions:

Cold

**Bronchitis** Flu Rash/poison ivy Cough Nasal congestion **Bug bites** Sore throat Sinus problems Food poisoning Seasonal allergies Upper respiratory infection Sunburn

and more

Arthritis **Bronchitis** 



**Tele**Health

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**Start feeling** like yourself again

Discover how Teladoc Health Mental Health can help







Talk to a licensed mental nealth expert of your choice, by phone or video, 7 days a week, from the privacy of your home.

#### Get help for:

- Anxiety and depression
- Negative thought patterns
- Sleep issues

- Relationship conflicts
- Trauma and PTSD
- Medication management (psychiatry only)

#### Start making progress:

- 1. Register and fill out a brief medical history
- 2. Choose the mental health expert who's right for you
- 3. Schedule a visit for a day and time that fits your schedule

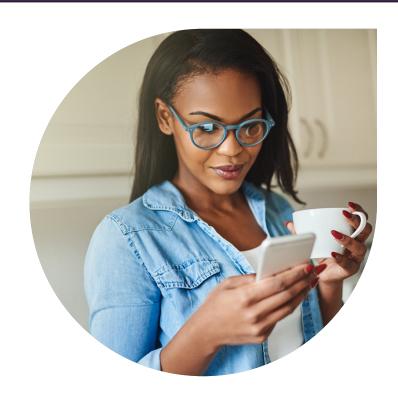
# Get started today

Visit TeladocHealth.com 

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# Dermatology



# Access licensed dermatologists without leaving the house.

The Teladoc Health Dermatology service gives members convenient and reliable skin care for a wide range of conditions-without the wait.

Dermatology makes skin care easy. Simply log in to your Teladoc account, request a Dermatology consult, complete the intake form and upload digital images of your skin issue. Within two business days, you will receive a response from a board-certified dermatologist through the online message center. You can then can ask follow-up questions and, when medically necessary, have prescriptions sent right to their local pharmacy.



2 days to diagnosis versus 32.3 days for major metropolitan areas<sup>1</sup>



Approved medications can be prescribed right over the app or web

## **How Dermatology works**





The member provides basic information about skin issue through web or mobile app.



### **Upload images**

Upload a minimum of 3 pictures of the skin issue for the dermatologist to review.



#### View online results

Within 2 business days, the licensed dermatologist will respond through the online message center with a diagnosis, treatment or prescription if necessary.



#### Follow up

Follow up with the doctor through the message center within 7 days of the initial visit.